IV Lounge of the Toronto Functional Medicine Centre Explains Malabsorption

September 20, 2023

TORONTO, ON - September 20, 2023 -
Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently released a blog post where their IV Lounge explains malabsorption and why intravenous (IV) therapy may be suitable for patients with malabsorption. It should be noted that the body absorbs nutrients from the food ingested mostly through the small intestine although some absorption may also occur in the stomach and the large intestine. With malabsorption, there is a problem with the ability of the digestive system to absorb some nutrients or all of them and whatever nutrient was not absorbed by the body will remain undigested and then excreted from the body.

The digestive process requires three steps. In the first step, the food is separated into digestible portions. In step two, the nutrients from the food are absorbed into the body. And in step three, after absorption is completed, whatever digested food is left is excreted from the body through stool. The malabsorption problem occurs in the second step. The nutrients that the body failed to absorb will then get excreted as undigested particles. Thus, some patients suffering from malabsorption usually have diarrhea, which can make the problem worse and can also hinder proper hydration. Health practitioners may be able to confirm a malabsorption problem through lab testing. The condition may be temporary due to an illness, such as the flu.

However, when it persists for a long time because of issues, such as IBS/IBD, celiac disease, colitis, Crohn?s disease, etc., supplemental nutrition that bypasses the digestive tract may be needed, while also trying to stabilize gut health.

IV therapy drips may help in enhancing the absorption of nutrients, especially in patients suffering from malabsorption. IV drips, when combined with a dietary intake of healthy food, regular exercise, and other functional medicine therapies, may contribute to significant health improvements. A vitamin IV drip may also provide other benefits, such as: rehydration of fluids for promoting recovery after an illness or for post-exercise recovery; encouraging red blood cell production; and fostering of energy production and cellular functions.

In the private downtown clinic of Toronto Functional Medicine Centre, they can personalize the IV drip for each patient using a wide range of natural ingredients, such as major minerals, a medley of amino acids with glutamic acid, major antioxidants, vitamin C, vitamin E, glutathione IV drips, vitamin A, and other safe ingredients. They can also offer the Myer?s Cocktail, which is made of a combination of intravenous ascorbic acid, key vitamins, magnesium, minerals, and more.

The IV drips provided by the Toronto Functional Medicine Centre are uniquely compounded for specific needs with no preservatives added. The IV treatments may be tailored for different kinds of health issues, such as athletic performance, muscle recovery, immune function, hair and skin health, lack of energy (chronic fatigue), brain fog, mineral deficiencies, DNA repair, fatty liver disease, cellular functioning of nerves, and other conditions. Because safety is one of the primary concerns of the practice, each intravenous infusion session is performed under the supervision of a medical doctor, nurse practitioner, registered nurse, or naturopathic doctor.

Those who would like to know more about IV therapy for malabsorption issues and other related topics such as the benefits of amino acid IV therapy, can check out the Toronto Functional Medicine Centre website or contact them through the phone at (416) 968-6961, or by email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays and Wednesdays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; from 9:00 am to 5:00 pm on Fridays; and from 9:00 am to 4:00 pm on alternating Saturdays.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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