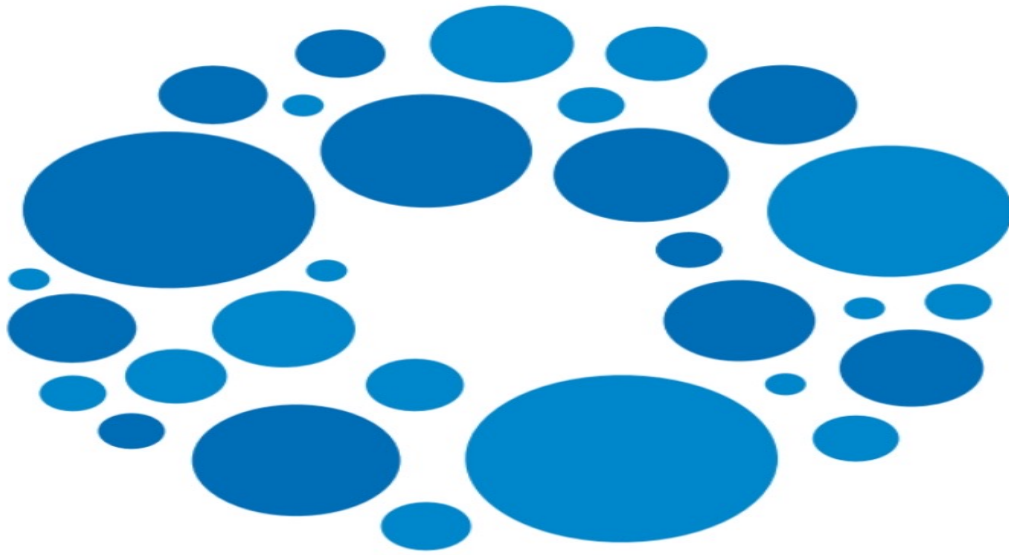




# **Hyperbaric Oxygen Therapy Gains Momentum in Sports Recovery as Research Deepens**

*September 14, 2026*

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A Richmond HBOT provider marks over a decade of service as clinical research into hyperbaric oxygen therapy expands into sports medicine and concussion recovery.

International Hyperbaric Health Centers Inc. (IHHC), a Richmond-based provider of hyperbaric oxygen therapy operating three ASME-certified multi-place chambers, has reached more than 10 years of continuous service in Greater Vancouver as clinical investigation into HBOT for sports recovery and concussion treatment continues to expand across North America. The milestone reflects the center's position as one of the region's established providers of multi-place hyperbaric oxygen therapy, serving patients from Richmond, Vancouver, Surrey, and throughout the Lower Mainland.

Professional sports organizations in the NBA, NFL, and NHL have incorporated hyperbaric oxygen chambers into their training facilities, contributing to growing public awareness of the therapy among athletes and active individuals. HBOT involves breathing pure oxygen in a pressurized chamber, which increases oxygen saturation in the blood and tissues. While Health Canada endorses HBOT for established indications including decompression sickness, carbon monoxide poisoning, and wound healing, its application for sports

recovery and concussion remains an area of active clinical investigation. The distinction between established and emerging uses is an important consideration for patients and providers evaluating treatment options.

IHHC, located at 12180 Horseshoe Way in Richmond's Ironwood area and situated near Vancouver International Airport, has served patients from across the Lower Mainland for more than a decade. The center operates three ASME-certified multi-place chambers, a configuration that allows multiple patients to receive treatment simultaneously under clinical supervision. The chambers are hard-shelled, pressurized units similar in design to those used at Vancouver General Hospital for established treatment protocols, and each session is supervised by certified hyperbaric technicians throughout the treatment duration. A director at the center brings over 20 years of experience in hyperbaric oxygen therapy and oversees the facility's treatment programs, which include both Health Canada-endorsed indications and emerging therapeutic areas where the company has observed growing patient interest over recent years.

"We have seen growing curiosity from athletes and active individuals about what HBOT can offer for recovery, and we expect that interest to continue as more clinical research emerges in this area," said Alice Tang, director at International Hyperbaric Health Centers Inc. "Our role is to make sure people understand the difference between well-established uses of hyperbaric oxygen therapy and areas where the science is still developing. We encourage anyone considering HBOT for sports-related recovery to have an informed conversation with a qualified provider about whether the therapy is appropriate for their specific situation."

Early studies and case reports have examined HBOT's potential effects on inflammation reduction, tissue repair, and neurological recovery after head injury, with several research groups pursuing larger clinical trials to evaluate these applications more rigorously. The company has observed that recreational athletes in British Columbia are increasingly asking about HBOT as a complement to conventional rehabilitation approaches, though the company notes these applications remain investigational rather than established by Health Canada. IHHC maintains a comprehensive conditions library covering the full range of conditions commonly treated with HBOT, organized by category for easy reference.

With a facility located near the geographic center of Metro Vancouver and clinical leadership from a director with two decades of HBOT experience, International Hyperbaric Health Centers Inc. remains an established provider of multi-place hyperbaric oxygen therapy in the region. The center offers free consultation for individuals who want to learn whether HBOT may be appropriate for their specific health needs and discuss the current state of clinical evidence.

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For more information about International Hyperbaric Health Centers Inc., contact the company here:[International Hyperbaric Health Centers Inc.](#)[Contact Details](#):(604)

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## **International Hyperbaric Health Centers Inc.**

*International Hyperbaric Health Centers (IHHC) offers trusted, professional Hyperbaric Oxygen Therapy in Richmond, BC. IHHC treats a range of conditions like Long COVID, autism, and diabetes using top-quality chambers in a safe environment.*

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